

***Let me introduce myself.*** I am Cathy Justus from Pagosa Springs, Colorado. I have the sad distinction of owning the first horses to ever be diagnosed with “chronic fluoride poisoning” from artificially fluoridated municipal water. I have this distinction not because it hasn’t been happening for years all over this world, but because vets, like doctors and dentists are not taught in their schooling the science, toxicology, and biochemistry of fluoride and what it does to the body. I know of this lack of training of proven science because I have made it a point, over the last 25 years, to talk to hundreds of these professionals. We have now lost 8 horses and 4 dogs to this virulent cumulative toxin. This was scientifically proven by the world’s authority on fluoride poisoning in animals at Cornell University in New York, Dr. Lennart Krook, DVM, PhD

I come from a whole different perspective than you have heard from those speaking about fluoride. I watched and lived the hell of my beloved animals getting progressively sicker and ultimately dying as others are doing with their animals, their friends and their family without these so called experts knowing why. The difference is that I have a background in knowing the science behind this toxin. Despite the science, and truth, behind fluoride poisoning, I could not get our water municipality to acknowledge the growing amount of proven, damning science against fluoride consumption from 1985 until 2005. It was at that point that they knew, from the scientific proof I provided about our horses, that either they stop this mass medication without consent, or there would be a class action lawsuit.

There have been many lives lost and are being lost to the very same ills our animals succumbed to. Vets, like doctors, just diagnose the symptoms and then treat these symptoms instead of looking for the cause. Until the cause is addressed, the symptoms will progress. The ills caused by fluoride consumption is a very lucrative business practice and when approached with the truth, like I did with the 8 vets that were consulted, these medical professionals get bent out of shape and say, “We are the experts”, period. How can a person be an expert when the truth about a subject was never taught to them nor have they ever done their due diligence to find the truth? A perfect quote that fits this situation is ***“It is hard to convince someone of something when their income depends on them not believing it”***. To add to that quote, ***“And when their job standings depends on them not believing it”*** which is the case with the Public Health Authorities. CDC and EPA. Both these quotes are, I have found, the case with not only most dentists, doctors and veterinarians but also the ADA, AMA, CDC, U.S. Public Health Service, and the EPA. They promote whatever will benefit them, whether or not it is scientific or ethical. Look at the science. The facts plainly reveal this. In fact between 2003 and 2006 the EPA commissioned the National Research Council, the highest scientific group in the U.S., to review the recent science on fluoride. There were 12 scientists from around the world on this distinguished panel, 3 of which I have personally talked to and have corresponded with quite a bit. The amount of damning science this panel of scientists found against fluoride was unbelievable, including 23 recent studies showing fluoride consumption reduces I.Q. This review has been published into a 507

page book called “Fluoride In Drinking Water, A Scientific Review Of EPA’s Standards” available through The National Academy Press [www.nap.edu](http://www.nap.edu) in Washington, D.C.

I have studied both sides of this issue. In the beginning when I had narrowed my horse’s ills down to beginning when fluoridation began, I didn’t want fluoridation to be the culprit. I knew that it would be harder to stop fluoridation than to change feed or any other causative agent. So I studied the pro side of fluoridation trying to convince myself it wasn’t the fluoride causing the progression of my animals ills. In a very short time it was very obvious that a deception was being promulgated onto the public. I also studied old science from back in the 30s, 40s, 50s, 60s and 1970s that was in my Dad’s medical library. I purchased the books “Fluoride The Aging Factor”, “Fluoride, The Great Dilemma”, “Fluoridation, Drinking Ourselves to Death”, and read through web sites like [www.FluorideAction.net](http://www.FluorideAction.net) , [www.slweb.org](http://www.slweb.org) and the peer reviewed manuscripts in FLUORIDE The Quarterly Journal of the International Society For Fluoride Research at [www.fluorideresearch.org](http://www.fluorideresearch.org) which reiterated the old science I had read and furthered this damning information of fluoridation. When the book “The Fluoride Deception” came out, my suspicions were proven time and time again as I read this book, which was full of fluoride science, truth, and proven recently declassified top-secret government documentation. One third of this book is documented listings of reference materials on the science and history of fluoridation. The ills described paralleling those my horses were showing were too similar to ignore. Now there is a new book, “The Case Against Fluoride” How Hazardous Waste Ended Up In Our Drinking Water and the Bad Science and Powerful Politics That Keep It There” by Dr. Paul Connett, et al, that has all the recent science backing this title and what I am saying with researchable references.

I was raised to be independent of the good or bad opinions of others, to listen and to then do my own research and come to my own conclusion. I was also taught to never be swayed by other’s words and especially when there is the possibility of these others to profit from what they say and promote.

My favorite quote is, ***“You simply must not ignore the facts because of your preconceived notions” Dr. Max Gerson.*** By saying something over and over and saying it with authority, like the USPHS, CDC, EPA, ADA, etc. have for over 60 years about fluoride’s safety and efficiency, does not make what they say true, nor does it change the fluoride damning true science proven in over 60,000 world wide independent research studies. These so called self- proclaimed experts just count on you not doing your due diligence and taking their word as the gospel. These agencies promote and market fluoridation disregarding the importance of FDA drug regulatory approval being totally missing and the fact that there are no scientific safety studies that have been done in the case of the fluoridation product. They disregard this lack of FDA approval, which shows their lack of concern to protect the public. No high quality studies are ever provided by them to support their claims of either safety or efficiency because there are none. They just count on you depending on their letters after their names as proof of their knowledge.

Our water municipality started fluoridating in 1985. Up until that time our animals were well. When fluoridation started, all our horses and dogs started getting many and varied

ailments that seemed to have no connection to each other. We ultimately had 8 veterinarians, two of which were at Colorado State University when we took two mares there, tell us they had no idea what was causing these ailments nor why they were being added to and getting progressively worse as time went on. They were confused but eager to get paid to treat these many and varied symptoms.

We moved to Pagosa Springs in 1978 from Fallbrook, Calif, knowing that the clean air and water would be a great place to raise our Quarter Horses. And it was a perfect place for that until fluoridation started. As an important point, we are just below the source of our water, the Continental Divide, San Juan Mountains. This water is considered one of the top 3 cleanest in the U.S. without contaminants and then they started adding *hydrofluorosilicic acid* to artificially fluoridate it and the ills in our town started and grew over the years, not just in animals but humans too. The amount of heart attacks, arteriosclerosis, cancer, thyroid problems, dental fluorosis, kidney problems, endocrine problems, etc., became rampant in humans and animals.

The first symptom to manifest in our horses was chronic colics. Fluoride ingestion has been shown through proven science to change hydrochloric acid, meant to help digestion, into *hydrofluoric acid*, which can eat the stomach lining and cause such problems as acid reflux, digestive problems and ulcers. Colic in horses is deadly and is the number one killer of horses in America. Being well over 65% of America is fluoridated, no wonder this ailment is so rampant in horses. Colic would strike any of our horses at any time and this happened often. This symptom continued until we started hauling clean, unprocessed river water in 2004. That was the only change to bring upon this ceasing of colic. And didn't have a single colic before 1985 when fluoridation began. Every horse we purchased during fluoridation, that we boarded or that was raised here, became sick. The symptoms were many and varied. Here are just a few. Colic, cancer, skeletal problems including skeletal fluorosis called arthritis, osteoporosis, muscles and ligaments hardening, skin allergy, reproductive problems, deformed fetus', abortions, thyroid problems, abscesses, head shaking, neurological problems and seizures, hormone problems, malocclusion of teeth, dental fluorosis, gum recession, teeth chipping and breaking, kidney problems, equine metabolic syndrome, laminitis, malformation of hooves, Cushing's disease, chronic coughing and lung problems, early onset of puberty, Alzheimer's, bone spurs, endocrine problems, heart attacks, fibromyalgia, and the list goes on. Take a look at many of these symptoms from the human perspective and see just how many of these ailments have been multiplying in incidence in humans over the last 60 years since fluoridation started, without the so called experts being able to tell what is causing them. They just keep dispensing drugs and doing surgery, two very lucrative actions. And when a patient dies they name the symptom and just move on to the next patient. Fluoridation has a very good record of producing these patients.

In the fall of 2004 we lost yet another mare. This was of the two that had been taken to Colorado State University without a diagnosis. It was the straw that broke the camel's back. I had done my due diligence researching the possible causes for these ills but nothing but one thing, fluoride, had been proven to cause them all. Up until this time, it was my "theory" that fluoride was the culprit, after years of intense research on my own.

My many years of research of some of the over 60,000 world wide independent scientific research studies had brought me to this conclusion. I was able to contact Dr. Lennart Krook, DVM, PhD., Emeritus, from Cornell University in New York. He was well known as the world's authority on fluoride poisoning in animals. I told him the many and varied symptoms my horses had and he said that all had been scientifically proven to be caused by fluoride but he would not give me a diagnosis without scientific proof. He said he needed bones and teeth. You can see the resulting necropsy and tooth report in color at [www.myspace.com/poisonedhorses](http://www.myspace.com/poisonedhorses). Dr. Krook said the ill and deaths caused by fluoride consumption by my horses and others in our town shows that **"Horses are like the canaries in the mines"**. *What showed up in them over the years of fluoridation in our town, is manifesting in humans too, just slower because horses drink so much more water in a much shorter time frame.* This poisoning of humans is also mirroring my horses in the sooner manifestation of ill with each generation. Look at the children with arthritis, cancer, early onset of puberty, kidney problems, etc. When I was young I knew no young person with these problems. Now it is rampant. There are even hospitals just for children with cancer and other diseases like these. I know fluoride is not the only cause of these many diseases in humans, but *fluoride is the number one most consumed and absorbed toxin*. That puts it at the top of the heap for damage done.

A small part of my fluoride horse hell, up until 2006, is told in the documentary DVD "Poisoned Horses" produced by Dr. David Kennedy and International Academy For Oral Medicine and Toxicology. It can be seen at [www.youtube.com/watch?v=7TwwwNZyRVOA&](http://www.youtube.com/watch?v=7TwwwNZyRVOA&) It can be purchased from the International Academy For Oral Medicine and Toxicology. 8297 ChamionsGate Blvd, Ste.193, ChampionsGate, FL 33896. (863)420-6373. I would also suggest their two DVDs with multiple documentaries about fluoride toxicity with interviews of scientific research experts called "Let The Truth Be Told" volumes 1 and 2. The DVD called "Professional Perspectives" can be purchased from [www.fluorideAction.net](http://www.fluorideAction.net) It contains interviews from many fluoride scientists including 4 that were on the National Research Council's 3 plus year review of the recent science on fluoride that the EPA commissioned. The EPA has pretty much ignored the recent science this NRC review produced and their recommendations. Why? It didn't reveal what the EPA wanted. The results didn't support their many years of promotion of fluoridation, which puts them squarely in line for litigation along with the whole chain of command down the line directly to commissioners and the water municipalities.

Of course the story didn't end when fluoridation ended in Pagosa Springs. Just before the documentary, Poisoned Horses, was released we lost Skipper, my husband's young gelding, that we had raised. This is told at the end of this documentary. What isn't told is that Skipper was second generation consuming fluoridated water and he had huge cancerous tumors in his lungs, and his kidneys were full of cancer. According to the California EPA there is enough *arsenic* in the product used to artificially fluoridate municipal water, sodium fluorosilicates, to kill people of lung, kidney, and bladder cancer. Skipper had two of these cancers. He was only 9 years old when he died a horrific death. The two surgeons and pathologist who did the necropsy said the kind of cancer he had was very slow growing and, no doubt, had started by the time he was a

yearling. He was born in 1999. Skipper was second-generation consuming fluoridated water so his fluoride caused ills came sooner and in fact he was born with many. Look at the children with the above mentioned ills these days. Why? Could it be from the consumption and absorption of fluoride, well known in true science as a very potent, cumulative poison? Could it be that we are now several generations post the start of fluoridation so the toxicity is greater and this is the main reason America is getting sicker? Fluoride is the number one most consumed toxin, far and above any other toxins since fluoridation started 60 years ago and it is not just in many water systems but also in foods and pesticides and Teflon cooking pans, etc. Go to the site "Fluoride In The National Food Supply" at <http://www.ars.usda.gov/Services/docs.htm?docid=6312> and add up a typical days menu. Then tell me that you find it necessary to put fluoride into the municipal water to bring the general public's ingestion of fluoride up to the "so called optimal" 1 ppm. We are already being overdosed with fluoride through processed food, beverages, etc. What you see on this site in ppm amounts of fluoride in food, comes from food processed with fluoridated water. In final dry processed products cooked in fluoridated water and then the water is evaporated off, the fluoride is concentrated. Fluoride does not cook off like chlorine and many other toxins do.

Follow the money to be made from illness caused by fluoride consumption. Follow the money to be saved by the fluoride polluting industries that produce this toxic waste they call a "toxic soup", by convincing you to put it into our municipal water and letting us and our beloved animals carry it to their early graves and slowly but surely polluting the environment. It would cost these industries over \$7,000.00 a truckload to dispose of this same toxic waste at an A1 toxic dump for the worst of the worst toxins. Instead they, I have no doubt, pay lobbyists, the ADA, the CDC, the Health Departments and the EPA lawmakers to promote it and they get help by these agencies miss placed authority given them by those who would believe their lies. And at the same time saving the fluoride polluting industries billions of dollars in disposal costs.

Fluoridation has been touted by many agencies as "one of the top 10 health care advances in the 20<sup>th</sup> century". One should note that this quote was written by a dentist, who will benefit monetarily from this practice, from the damage done to teeth and gums. His co author was an environmentalist. Neither of these people are scientists. Neither of these people had ever written a scientific paper ever before, and this paper was never peer reviewed. *This quote has no validity other than saying these two people's personal opinion.* Despite this, the so-called authorities, all of which benefit monetarily for the promotion of fluoride, have taken this statement and repeated it time and time again as the gospel and scientific truth by using the promotional advertising practice of saying it with authority will make everyone believe it and eventually make what they say fact, whether proven or not.

The Federal government has never appointed a tracking agency to gather and report fluoride consumption's side effects, like it has for all other drugs. Why is this? So if you want to find the detrimental effects you must do it yourself. The ADA, CDC, EPA, USPHS have used the ridiculous lie that, *if you don't look, you won't see, and therefore the science doesn't exist. They say the people against fluoridation have no science to*

*back up their warnings. Yet another lie!* Plus, the amount of fluoride consumed by each individual cannot be regulated by it being put into the water systems. This fact is a “no brainer”. These agencies don’t expect you to think about this either. There will be those, like babies, who will drink far more liquid in comparison to their body weight. And those with renal problems, such as diabetics and those with heart problems and the elderly, whose kidneys cannot filter out up to 50% of the fluoride consumed as healthy people can. But remember that even those with a healthy renal system will retain the other 50% in their body, mostly in the bones, slowly accumulating and poisoning their system everyday.

In 2010, in February, we lost Skipper’s full brother, Win, to a massive heart attack. Yes fluoride has been proven many times over to cause heart and artery damage and arteriosclerosis, the number one killer in the U.S. He was only 12 years old. He too was second-generation drinking artificially fluoridated drinking water. He too, like Skipper was born with physical problems caused by fluoride absorbed during gestation from his mother’s consumption of artificially fluoridated water. Win was born in 1998. While his dam was nursing Win, Skipper was being gestated. So their dam was drinking up to twice the amount of fluoridated water to nurse Win while Skipper was being gestated. Fluoride has been proven to not go into the milk but it does pass through the placental barrier, so Skipper was getting a huge amount of fluoride deposited into his bones and system before he was even born. No wonder his health was worse when he was born and he died earlier than Win.

Win had also developed Fibromyalgia symptoms from the poisoning by the toxins in the fluoridated water. We found a vet who specialized in toxins who found not only fluoride toxicity but also arsenic, mercury, lead, cadmium, beryllium, and even radio-active poisoning in Win’s system. The industries that produce the fluoridation product call this product they send water municipalities to artificially fluoridate their city’s water, a “toxic soup” because it contains all these carcinogens and more. This product is between 17% and 23% fluoride. The radio-activity, fluoride, and other toxins comes from the phosphate rock dug up for phosphate fertilizer. This very same phosphate rock is dug up for radio-active uranium too. This toxic soup is then sent to water municipalities for a cheap source of fluoride and these industries don’t have to spend the billions of dollars it would cost them to dispose of this unwanted and non usable toxic soup. Instead they pay off officials and self-appointed experts who gain monetarily from the ailments caused, money hungry to promote and convince water municipalities to put this poison in the water. When water is fluoridated, we all get to carry it to our early graves with most people’s last years being plagued with ill health. Again, follow the money. Who is profiting? Those who promote fluoridation of course.

Recently, since hurricane Katrina knocked out many of the phosphate industries and their holding ponds for this toxic soup, the fluoride product being used in a lot of U.S. communities is now coming from China. This now puts fluoridating with this product in a whole new situation as being a **National Security issue**. No one in their right mind would allow any other country access to their water systems, especially a country that we are not in very good terms with and has a track record of sending us products tainted with

toxins. Recently there was a scientific group in Boulder, Colorado who did research on this imported fluoride product and they found ingredients in it that they still don't know what they are. And this is being put in our drinking water? Where has common sense gone?

I think here is where I need to tell you how fluoride is capable of doing such a hugely diverse amount of damage to the body. Fluoride research in true science, not arguable by either side of this issue, reveals that fluoride is just slightly less poisonous than arsenic and more poisonous than lead and cumulative like lead. It is a systemic poison, disturbing and changing mechanisms of the body at the very core of life. It has been scientifically proven that fluoride changes the DNA by breaking its protein bonds and also does damage to the DNA repair system. Fluoride changes the mineralization system, known as the collagen system, that is supposed to know to keep the skin soft and the bones hard. It pulls calcium (calcium) out of the bones and teeth and replaces with fluoroapatite (fluoride) making the bones harder and more crystalline, therefore being more likely to break. Look at the hip fracture rate in the U.S. With the calcium replaced by fluoride in the bones, the body needs to put it somewhere so it finds places like the veins and arteries (cholesterol and hardening of the arteries), kidneys and bladder (as stones), cartilage (arthritis) and so on. All these problems are increasing in the U.S. including in children. Fluoride kills enzymes and changes their shapes so they don't fit into their receptors. Enzymes are needed to catalyze every metabolic system and function in the body. The easiest to see outward sign of this enzyme disruption is dental fluorosis, the mottling, brown and white spotting, and pitting of the teeth. This happens when the fluoride is consumed during the time of the tooth bud's formation. This disturbance, changing of shape and killing of these tooth forming enzymes results in the dental fluorosis mottling, brittleness and malocclusion of teeth when they erupt. For the USPHS, ADA, CDC, EPA to say this is merely a cosmetic effect shows their ignorance and ignoring of the science that has proved this biological action of fluoride. Dental fluorosis is the outward showing of a **systemic poisoning of the whole body**, not just the teeth. In the U.S., the CDC has now said that 41% of 12 to 15 year olds has dental fluorosis. When anything is consumed, it has side effects. This is very clear in any of the commercials seen today about drugs. Fluoride also displaces iodine needed for the thyroid to make thyroxin that regulates many of the body's systems and hormones. And the list goes on of the biological disturbances that fluoride consumption and accumulation has been proven scientifically to cause. Being fluoride is a systemic toxin, disturbing at the very core systems of life, it can cause virtually any chronic degenerative disease *depending the individual's inherent weakness*. Just these mentioned above disturbed mechanisms alone are, I would think, enough to stop fluoridation. But ***if you don't see or find the science, the science doesn't exist*** seems to be the working orders for these organizations that push the practice of fluoridation. Or in other words, ***don't look for the science and it won't exist and you can honestly say so***. This has been proven time and time again in legal cases and the so called experts have been made to look like idiots because of this lack of real proven science to support their "endorcements." When asked to openly debate with those who know the proven science, these so called experts will refuse to show up for this reason. They know nothing of what they say they know. And

remember, ***endorcements are not science. They are merely opinions by those whose job and or income depend on what they say.***

We have been asked, if fluoridation stopped in 2005 and we started hauling clean un-processed river water in 2004, why are our horses still sick and dying? Common sense and a little research would explain that **fluoride is a cumulative toxin**. It accumulates in the bones. Bone cell turn over is the slowest and can take many, many years for these poisoned cells and accumulation of fluoride to release. While at the same time, as long as this toxin is in your body it is progressively poisoning you system. Fluoride poisons going in, poisons while trapped in your bones and poisoning when released during cell turn over.

We only have two horses left that had consumed the artificially fluoridated water. One is the gelding that developed the crooked pastern (front leg) shown in the Poisoned Horses DVD. He had a chronic cough while he consumed fluoridated water, besides having chronic colic. The coughs have almost completely stopped now. The colics stopped when he didn't drink the fluoridated water anymore. He has had what most would call Alzheimer's in humans, and has for many, many years. He didn't remember where he ate everyday and would stand around in a daze, among other things. It was very sad but this symptom is slowly improving since his consumption of fluoridated water ceased. His brain has even improved so much since he quit consuming fluoridated water that he can figure out how to unlatch gates to let himself out and he is now in his now 26 years old. The other horse is the sorrel mare that had the weird allergy bumps all over her body shown in the DVD, Poisoned Horses. We have bred her three times to two different stallions. She has conceived all three times. By 60 days she has lost the foals. She is only 10 years old now. She also still has thyroid problems caused by her fluoride consumption. Both of these horses have dental fluorosis and gum recession. This gum recession is caused by the shrinking of the alveolar bone, the bone that the teeth hook into, which shrinks when fluoride is deposited into it through fluoride's accumulation. The gums are pulled up with this bone shrinkage. The incidence of gum disease and gum recession is yet another growing problem in the U.S. population.

The horses we have purchased since we started hauling clean river water in 2004 and when fluoridation ceased in 2005 have remained healthy without a single ailment that all the others had manifested. Never allowing them to consume artificially fluoridated water is the only thing that has been changed since then. We are feeding the same feed and the same supplements.

And then there is the issue of pollution. The very product, hydrofluosilicic acid, if it gets spilled into the air, land, ocean or waterways, is considered by the EPA a toxic waste very hazardous product and must have people in hazmat suits called in to clean it up immediately. Yet when this very same hazardous waste is put into our municipal water, it suddenly becomes a product that is good for us. This is an impossibility, yet most have been convinced by the mantra, "safe and effective and good for your teeth" by 60 years of this being said. I ask that you go to <http://www.wqad.com/videobeta/9e389127-335a-426e-b690-b1db6b88e3f2/News/Hazmat-Called-To-Rock-Island-Water-Department->

[Building](#) and see the hydrofluorosilic acid used to fluoridate municipal water eating through the concrete and they still tell us it's safe. And remember that 99% plus of this toxin put into the municipal water goes into the environment through household use, flushing toilets, showering, watering lawns, etc., slowly accumulating and poisoning our earth and all that inhabits it. So what in the world is the EPA doing endorsing this product that is poisoning the environment they are supposed to protect?

There have now been an editorial and **two “peer reviewed scientific research manuscripts” written on our horses.** They can be seen in the Journal FLUORIDE, The Quarterly Journal of The International Society For Fluoride Research. [www.fluorideresearch.org](http://www.fluorideresearch.org). This scientific journal is well known as the “fluoride bible”. The editorial written about our horse/fluoride story is at [www.fluorideresearch.org/391/files/3911-2.pdf](http://www.fluorideresearch.org/391/files/3911-2.pdf). It is titled “Failure To Diagnose Fluoride Poisoning In Horses Caused By Water Fluoridation”. The first peer reviewed manuscript is “Fluoride Poisoning Of Horses From Artificially Fluoridated Drinking Water” [www.fluorideresearch.org/391/files/3913-10.pdf](http://www.fluorideresearch.org/391/files/3913-10.pdf). The second peer reviewed manuscript is entitled “Allergy In Horses From Artificially Fluoridated Water” at [www.fluorideresearch.org/392/files/39289-94.pdf](http://www.fluorideresearch.org/392/files/39289-94.pdf) I would suggest you log onto this site and read many of the hundreds of peer reviewed scientific manuscripts from around the world on fluoride's toxicity. Many of these peer-reviewed manuscripts from this journal were referenced in the fluoride review of recent research by the National Research Council, the highest scientific group in the US, for their 3 plus year review of fluoride. Again, this NRC review, by 12 world wide prestigious experts in the science of fluoride, has been ignored by the EPA who commissioned this review. Why? No doubt because this review didn't find the benign findings about fluoride that previous biased government reviews did. *Follow the money.* This is the first review that had a very diverse panel of 12 scientists who had the expertise and knowledge to look at, and scientifically review the recent science on fluoride in an honest, nonbiased way. They also found credible science that shows fluoride damages the endocrine system, including the thyroid, lowers I.Q, causes osteoporosis, arthritis and cancer. All these are ailments that manifested in my horses and are increasing significantly across the US in humans and other animals. They also found very vulnerable subsets of the population to fluoride consumption like the elderly, the young, those with diabetes, and kidney malfunction and those who have immune system dysfunction and those who have mineral imbalances. The so called experts pushing this stupidity of fluoridation never take these subsets into consideration nor the rest of the bodily systems that fluoride harms. By what they say, they seem to think we are just big mouths full of teeth and nothing else.

These so-called experts never reveal that solid scientific proof of **fluoride stopping cavities has never been proven.** Common sense, if looked at, reveals that after 60 years of fluoridation, if it really worked, there would be very little dental decay in the U.S. People have just believed their superiors and trade organizations, the ADA and AMA, the CDC, US Public Health Department and the EPA telling them this lie. There has never been scientific proof that fluoride is a necessary element for the body either. Cavities don't come from lack of fluoride just as headaches don't come from lack of aspirin.

The Surgeon General has come out saying there is a “*Silent Epidemic*” of pit and fissure cavities. If fluoride actually worked as touted by these so-called experts, then taking fluoride into the body systemically, it would be incorporated into the teeth and saliva and stop all cavities even in the pits and fissures. If pit and fissure cavities are such a problem, then it must mean they think that these pits and fissures don’t get fluoride deposited there and the saliva just skips over these pits and fissures and makes these places more susceptible to cavities. How can that happen if their “theory” works? Give me a break! How dumb do they think we are? A lot of people use fluoridated toothpaste too and even that addition of fluoride is not working to stop this “silent epidemic”. Fluoride doesn’t work! Good nutrition and oral hygiene are what keeps you from getting cavities, not fluoride. And the CDC came out in 1999 saying fluoride’s benefits are “*topical*”. This means swallowing fluoride does not work. But yet the CDC keeps on endorsing fluoridation because they can’t back off their long time lies for fear of swift litigation.

The ADA, merely a trade union whose sole purpose is the financial gain of their members, nor any of their dentist members are licensed for internal medicine so for them to tout a substance to be taken internally to do something medically, they are practicing medicine without a license. I have a letter from the Calif. Dental Association. It clearly states that “ingested fluoride is not within the purview of dentistry”. So again, for dentists or the ADA to promote this practice of fluoridating municipal water, they are going beyond what they are licensed to do. They don’t, nor will they ever, look at the systemic side effects of fluoride consumption. They don’t want you to either. It would hurt their income if this scientific information got out as general knowledge. But this knowledge is getting out and their time is coming. In an ADA survey, they found that dentists working in fluoridated cities make 17% more income. In another survey it was found that out of the 10 cities where dentists make the most money in the U.S., 9 were fluoridated. Why would this be? They get to whiten teeth that have fluorosis, fix cracked and broken teeth, treat gum disease and recession, and do orthodonture, all created by fluoride consumption and absorption. And the medical doctors and vets get to make money from treating the systemic ailments caused by fluoride’s accumulation and damage.

At our countywide forum put on by our water municipality to see what the populous thought about this issue, the state head of the Health Dept., the state Epidemiologist, the state fluoride expert and a local dentist came to give their side for the practice of fluoridation. What they touted about fluoride was “safe and effective and good for your teeth”. The very same old mantra touted by all the pro side of this issue. These so called experts had no science to back them up. The well informed audience, who had done their due diligence and researched the science behind fluoride, ate these so called experts up and showed them for what they were.....followers of those in charge, spewing lies with written, practiced monologues. These so called experts had no science to back their words up because there is no credible science to do so, although they said “there are thousands of research studies showing fluoride’s benefits”. Saying it doesn’t mean it exists. The same as saying those who are opposed to fluoridation have no credible science. Avoiding true science has always been a deliberate and chosen tactic of the

promoters of fluoridation. They just keep touting their credentials and authority and expect you to fall for their untruths.

I also have a letter from the EPA lawmakers saying the EPA has no safety research on the fluoridation product. So why do they continue to promote it? Follow the money and as Dr. Hirzy, PhD, past vice president of the EPA Union says, “They have a tiger by the tail and can’t let loose”. We have to be the ones who do the right thing and stop this stupidity. One should realize that the EPA worker’s 11 Unions of over 7,000 scientists, lawyers, etc. have asked for a permanent moratorium on fluoridation on the cancer assays they have alone. Dr. Hirzy, representing these unions, has even gone in front of a Senate Sub Committee asking for this permanent moratorium, yet the EPA lawmakers, not scientists, continue to promote fluoride. Follow the money.

Fluoridation has resulted in the unholy alliances between the ADA, USPHS, CDC, and the EPA lawmakers to now cover their rears for this stupidity and to keep the money rolling in thinking water municipalities and city councils are going to ultimately be the scapegoat. They are the ones who actually would be making the final decision to fluoridate and doing the deed of putting this toxin in the municipal water. So they are the ones who will receive the brunt of the blame and liability, although this chain of command, right up to the top, will ultimately be named when the lawsuits ensue. These so called authorities are very willing to leave the liability of ills and deaths caused by fluoridation in the hands of city councils and water municipalities. And they have a record of doing this in past lawsuits saying they were “just recommending fluoridation”. It has been said that the pay-outs for the ills and deaths from fluoride consumption is going to make the cigarette payouts look like peanuts. Everyone drinks water, not every smokes.

As far as the long list of organization endorsements that the so-called experts wave in front of you and others, one must clear their mind and realize that endorsements are not science. Those two things are totally different things but the experts are counting on you not thinking this through. And in fact, the National Kidney Foundation pulled it’s endorsement of fluoridation when approached by a lawsuit detailing the kidney problems fluoride causes. Not one of the organizations endorsing fluoridation has done any credible, double blind scientific research on the “side effects” of pharmaceutical fluoride put into toothpaste, let alone any health effects caused by the “toxic soup” product used to artificially fluoridate municipal water, which is an industrial waste product. The EPA even says they have no safety science about this product.

Again the ADA, AMA, and other medical associations are simply and merely trade unions whose sole goal is to ensure the financial gain of their members. No wonder they endorse fluoride. It is well known in true science that fluoride ruins teeth and gums and causes dental fluorosis and other tooth problems. Along with these, many and varied systemic health problems too. Look at what it did to my horses teeth and bodies, and horses don’t eat sugary things like humans do to ruin their teeth. JADA, The Journal of the American Dental Assoc., does contain research material but it is from outside the ADA and is always slanted towards their ultimate goals of producing income for their

members. Their promotion of fluoridation is perfect for this goal. Research the source of these studies and you will find that these studies are paid for by those who will ultimately gain from fluoride's promotion. ***Science that knows the end result of the research before it is finished is not true science.*** This is what you see in pro-fluoridation manuscripts. Bad methodology, skewed results and fudged numbers. Paying for the end result wanted, is not science. Only in true science does the end result come without being manipulated to come to the end result wanted. Fluoride ingestion has been proven scientifically in "independent" research to cause dental fluorosis and need for whitening, need for braces from malocclusion of teeth, brittle teeth that chip and break, all by doing enzyme damage at the cellular level and all things the ADA and its members profit from. Follow the money.

Why is it that on the back of all fluoridated toothpaste, it says "***if more than a pea size amount of toothpaste is swallowed, call the poison control center immediately***"? What is used in toothpaste is pharmaceutical grade fluoride, not the toxic soup put into municipal water. This safety warning is mandated by the FDA. Know that there is ¼ milligram fluoride in that pea size amount of toothpaste and it has a safety warning? That ¼ milligram is the same amount of toxic waste fluoride in one glass of water. Why is it that there is no safety warning on your water bill or water quality report for the 1 ppm of fluoride put into municipal water saying if more than one glass of water is consumed, call your poison control center immediately? Why is it that doctors suggest everyone drink 8 glasses of water per day, which would be a huge overdose according to the FDA's toothpaste safety warning? There is never a mention that if this water is fluoridated, that you should call the poison control center immediately?

***You need to realize that 1ppm fluoride is confusing the amount put into water with the dose consumed.*** Just because you put 1ppm fluoride in the drinking water does not insure that everyone will only drink that amount. Those with any kind of kidney dysfunction, heart problems, diabetes, athletes, babies who drink far more liquids than adults when comparing weight to liquid consumption, and outside workers, etc., drink far more water than most. So these people can consume way more than the "so called" optimal amount of fluoride. This is just one of the reasons fluoridation is so ridiculous. ***You can't control the dose. I challenge you to think of a single other drug that is safe for everyone, no matter of age weight or medical conditions, can be consumed in any amount, and is recommended to be taken the rest of your life no matter your health changes like fluoride is.***

The EPA is the controlling agency for water and toxins. It has no authority for drugs or medications. That is the FDA's charge. Why is the EPA's policy of the promotion of fluoridation so different from the FDA's non-approval of any fluoride product meant for consumption? Why are the very same products, sodium fluorosilicates, said to be ok put into our drinking water for us to consume yet not ok if spilled onto the land, water-ways or ocean? The government agencies are not doing their job of protecting the populous and obviously not conversing with each other to get their stories and jobs in order.

Do you know that in 2006 the ADA came out with a memo to it's "dentist members only", that they should tell their patients that babies should not have their infant formula reconstituted with fluoridated water? Did you know that the CDC backed this up? But yet this has not gone out to the media even today. Why has this information not been put in water quality reports from water municipalities in fluoridated communities? Could it be that the so-called experts have again failed their job and just not told you because it would hurt their bottom line or show fluoridation for what it truly is?

Now, I do agree that giving people the choice if they want to use fluoridated toothpaste or other fluoride dentifrices is fine, even though I do not and would not use it because all fluoride is poisonous and cumulative. *Everyone should have the ability to choose what they want to use for their own health.* And these sources of fluoride are very cheap and a way to distribute these products could be easily done instead of forcing fluoridation on everyone. This could be done much cheaper than fluoridating the water, therefore putting the liability on the individual who chooses these sources of fluoride for themselves, as individuals, instead of on the city councils and water municipalities and all the agencies above them.

As far as putting fluoridation up for a vote of the populous, that again takes away individual rights. Millions of men and women have fought and died to retain our ***individual freedoms***. Squelching these hero's ultimate sacrifice for our freedom by forcing a mass medication that some don't want is against our God given and Bill of Rights given rights as individuals?

During our discussions with our water municipality, they wanted to show us that naturally occurring fluoride was already in our water so it was ok to add more. Pagosa Springs is the first town that the water from the source, the mountains, gets to. There is no source of fluoride or pollution before the water is taken directly from the river by our water department for our town. The municipality presented samplings of water collected all around our town from the multiple bodies of water and rivers. Downstream and in town, in the river, there was quite a bit of fluoride in the water. In lakes that had a lot of homes around them, there was quite a bit of fluoride in the water. In the samplings from the river that the municipality gets our water from, that runs through town, as they took samplings going up the river getting closer and closer to the mountains, the source of our water, the fluoride got less and less. Thus showing that, as has been proven many times in research, most of this artificially fluoridated water is not consumed, but goes into the environment through household use. In fact it has been proven that over 99% of this toxic waste ends up in the environment slowly accumulating and poisoning it. Again the EPA is not doing their job to protect us, nor the environment. This is a major double standard by the EPA promoting fluoridation. In fact, back in 1983, Rebecca Hanmer, the deputy assistant administrator for water at the EPA described the practice of fluoridation as "*an ideal solution to a long standing problem. By recovering by-product fluorosilicic acid from fertilizer manufacturing, water and air pollution are minimized, and water authorities have a low-cost source of fluoride available to them*". This alone shows that common sense has flown out the window on this subject when it comes to government agencies. How stupid can these agencies be? Again, as Dr. Hirzy, PhD, past vice

president of the EPA workers union (who wants fluoridation to cease immediately on the proven cancer research they have done alone) has said, "They have a tiger by the tail and can't let loose". He has said that the EPA's lawmakers seem to think that "the solution to pollution is dilution". This stuff is still getting into the environment and if 99% plus is not consumed, where is it going? The environment, of course! Dr. Hirzy argues with the EPA lawmakers saying that "The public water supply should not be used as a means of getting rid of hazardous waste", and in his testimony before the U.S. Senate in 2000 he described Hanmer's views as "linguistic de-toxification". The EPA lawmakers, and other agencies, have promoted this toxin for far too long and if they admit what they know, the lawsuits will ensue and the government agencies are going to lose all credibility. Take a look at the lawsuits for ills caused by asbestos, DDT, lead in gas, and all the drugs once said to be "safe and effective" like VIOX and Phen Fen, and all those products with advertisements from lawyers on TV wanting people to come forward to sue because of ills and damage done by these so called safe and effective things. Lawsuits that are certain to ensue, and are beginning with the many and varied scientifically proven ills caused by fluoridation.

Do you know that the EPA was started because of fluoride pollution and the making ill and killing of people, animals and the land? It was the Denora, Penn. incident, many, many years ago. This incident was caused by a weather inversion of effluent (toxic smoke) of the very same stuff captured by wet scrubbers and put into fluoridated water. You can read about it in the book "The Fluoride Deception" which is a must read for anyone wanting to learn the history of fluoridation and who is consuming fluoridated water or products.

Have you read the story of how Dr. William Marcos PhD., the head toxicologist of the EPA, found that fluoride caused two very bad, but *used to be* rare cancers? He turned his research into the EPA lawmakers who immediately downgraded his scientific results 4 points therefore nullifying his research. These EPA lawmakers are supposed to take the proven science from their scientists and make law on them to protect us, but that didn't happen then, nor is it happening now. Dr. Marcos started telling people about his findings, he was warned to keep quiet, his integrity wouldn't allow him to be quiet because he knew people were dying from the consumption of fluoride, and he was fired. He sued and won and the EPA was forced to rehire him. It was because of this pressure from the EPA lawmakers on their own scientists that they are supposed to support, that the EPA Workers Union was formed. Now, as I said before, all eleven EPA Unions, over 7,000 scientists, lawyers, etc. have signed a petition and gone in front of a Senate Sub Committee and asked for a permanent moratorium on fluoridation on the cancer data alone they have found. Part of this filmed testimony is on the "Poisoned Horses" documentary. [www.youtube.com/watch?v=7TwwNZyRVOA](http://www.youtube.com/watch?v=7TwwNZyRVOA) A very large part of this filmed testimony is on the first "Let the Truth Be Told" documentary series mentioned above. It also contains an interview with Dr. Hirzy.

Not only did we have the proven science from a world fluoride expert at Cornell University behind us, Dr. Krook, when fluoridation was ceased here in Pagosa Springs, but we also made our water municipality realize that *we do have a choice as to what we*

*put into our bodies as individuals.* We revealed to them a major court case, after 9/11, where the Federal government was going to force all troops to receive anthrax and other vaccinations. These drugs had not been FDA approved, same as has no fluoride product meant for ingestion ever been FDA approved. A lot of the troops refused these vaccinations and were court marshaled. It went to **Federal court and the final ruling was that no one, not even the Federal government has the right to force anyone to take into their body a non approved drug.** This case was Doe verses Rumsfeld. This court case has set a major legal president for future lawsuits including those about fluoridation and the ills it causes. Recently, in a national lawyer publication, it was revealed that people with *ailments caused by fluoride consumption is a potential goldmine for litigation.* The truth is becoming known.

The action of fluoridation is against all rules of pharmacology. No doctor is allowed to prescribe a drug to any of his patients without first seeing and diagnosing them and getting written consent on an individual basis. Then the patient can still refuse, even after this consent is signed. No doctor would prescribe the same medication to every patient, no matter their age, weight, personal medical situation, allergies, etc. Nor would he tell them to take as much as they like and take it the rest of their life as is done with fluoridated municipal water. For any water municipality to put a substance into the water solely for treating humans, as fluoridation is, they are **mass medicating, for medical purposes, with a substance never FDA approved for ingestion, by a non medical entity who has no medical license (water municipality and city council) without ever getting signed consent from each individual consumer and without knowing if anyone has an allergy or other medical problem that would make it even more toxic and deadly.** That is setting all those involved up for major lawsuits just on those merits alone. No licensed medical professional is allowed to do this. And there have been cases when the municipalities have been sued, they have asked the so called authorities that have pushed them into fluoridating or continuing fluoridation, to be expert witnesses in court. These promoting, so called authority's answer has been in the past, that they were just recommending the council and municipality to fluoridate and would not testify leaving the council and municipality holding the lions share of the liability. **It is said that ignorance of the law is no sound defense to legal charges brought against you. This fact is the same that ignorance of the medical facts of the fluoride product being put into everyone's water source, is no defense either.** This is especially true when that information can be easily accessed. Believing the so-called experts would be called "hear say" in court. And remember that the Nuremberg Trials established the precedent that the statement "I was only following orders" does not hold water.

Please remember that when it comes to municipal water, the one and only job of councilors, of water municipalities and mayors is to deliver clean water to the populous, and to improve the quality of that water. Fluoridation does neither. Their job is NOT to medicate the population with a non-approved drug. Water fluoridation does nothing for the water quality. Fluoridation's only purpose is to medicate. Looks like fluoridation is a major liability lawsuit waiting to happen to me. And the lawsuits are increasing in number nation wide as we speak.

A new recent development is that a world wide insurance company has stated that they will not cover water municipalities or those who deliberately do something that has been scientifically shown to do harm, which includes approving and sending out fluoridated water to their customers. How many other insurance companies will follow suit? This again puts the liability squarely in the laps of those who promote fluoridation and deliver fluoridated water as individuals, and could very well void Directors and Officers insurance.

Another development is the question of **“Fluoridegate”**. This scandal is widening with calls for hearings as new revelations highlight the fact that science is in conflict with official’s promotions and statements on water fluoridation safety.

And another development is that fluoride trucks have been identified by our government as terrorist targets. If this stuff is benign, why is this true?

I am writing this because I am scared. I have seen personally, over many, many years, seen the devastating ills that fluoride is capable of doing to the body. You are seeing it too, you just aren’t aware that fluoride is the cause and the self proclaimed authorities want to keep you in the dark while they pad their pockets with money made through suffering from fluoride consumption and accumulation. Please realize that by putting this toxic waste into municipal water, it is not only doing physical harm to living beings but also to the environment.

Please remember that we who are against fluoridation have nothing to gain but our health and freedoms and that of others and future generations and also the stopping of the poisoning of this wonderful planet we live on. Not so with the promoters of this toxin. Their pockets are growing full either from the gain of their jobs promoting this, or by treating the bad teeth, gums and internal ailments fluoride consumption creates. Again, follow the money when it comes to these promoters. Read the book “The Fluoride Deception” by Christopher Bryson and the newly release book “The Case Against Fluoride” How Hazardous Waste Ended Up in Our Drinking Water and the Bad Science and Powerful Politics That Keep It There... by Dr. Paul Connett, Phd, James Beck, MD, PhD, and H.S. Micklem, Dphil. These book’s truths about fluoride and fluoridation are backed up by recently declassified “top secret” government documents and peer reviewed scientific research. We who are against fluoridation are spending our precious time and resources trying to regain our rights given to us by God, the Bill of Rights, and those who have died to retain those freedoms. We should be able to decide, as individuals, what we take into our bodies. Please do the right thing, legally, morally, intelligently and integrally. Do what is necessary to stop this stupidity.

Thank you for your time in reading this.

Sincerely,

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#### REFERENCE LINKS:

“FLUORIDE” The Quarterly Journal of The International Society For Fluoride Research  
[www.fluoridresearch.org](http://www.fluoridresearch.org)

“FAILURE TO DIAGNOSE FLUORIDE POISONING IN HORSES CAUSED BY WATER FLUORIDATION: Editorial on our horses.  
[www.fluoridresearch.org/391/files/3911-2.pdf](http://www.fluoridresearch.org/391/files/3911-2.pdf)

“FLUORIDE POISONING OF HORSES FROM ARTIFICIALLY FLUORIDATED DRINKING WATER: Peer reviewed, scientific, published manuscript on our horses and others. [www.fluoridresearch.org/391/files/3913-10.pdf](http://www.fluoridresearch.org/391/files/3913-10.pdf)

“ALLERGY IN HORSES FROM ARTIFICIALLY FLUORIDATED WATER: Peer reviewed, scientific, published manuscript on our horses.  
[www.fluoridresearch.org/392/files/392/files/39289-94.pdf](http://www.fluoridresearch.org/392/files/392/files/39289-94.pdf)

[www.myspace.com/poisonedhorses](http://www.myspace.com/poisonedhorses) Web site with lots of scientific information about our horses and others in Pagosa Springs including the first necropsy and tooth report from Dr. Lennart Krook, PhD, DVM from Cornell University in New York. Go to profile and scroll down to the letter, necropsy and tooth report from Dr. Krook, PhD, DVM

[www.youtube.com/watch?v=7TwwNZyRVOA](http://www.youtube.com/watch?v=7TwwNZyRVOA) The short documentary called “Poisoned Horses” produced by Dr. David Kennedy, DDS and the International Academy of Oral Medicine and Toxicology

[www.slweb.org/ftcrpersonalstories\\_cathy.html](http://www.slweb.org/ftcrpersonalstories_cathy.html) Our fluoride story up until 2006

[www.FluorideAction.net](http://www.FluorideAction.net) All the recent research and happenings world wide on fluoride plus recent videos from medical and scientific professionals who know the truth about fluoride.

[www.FluorideAlert.org](http://www.FluorideAlert.org)

[www.Slweb.org](http://www.Slweb.org) Go to bibliography and see over 75 pages of listings of just a few of the damning proven independent science about fluoride.

[www.SpotsOnMyTeeth.com](http://www.SpotsOnMyTeeth.com) Show the detrimental outward showing of the internal poisoning by fluoride consumption

[www.KeepersOfTheWell.org](http://www.KeepersOfTheWell.org) Lots of information.

[www.youtube.com/watch?v=a14crJyR-qc&feature=related](http://www.youtube.com/watch?v=a14crJyR-qc&feature=related) Dr. Paul Connett, PhD, Chemistry seminar in Denver in September 2010.

[www.youtube.com/watch?v=995oooY-CQjk](http://www.youtube.com/watch?v=995oooY-CQjk) My seminar along with Dr. Paul Connett, PhD, Chemistry in Denver in September 2010.

[www.ars.usda.gov/Services/docs.htm?docid=6312](http://www.ars.usda.gov/Services/docs.htm?docid=6312) or  
[www.ars.usda.gov/SP2UserFiles/Plack/12354500/Data/Fluoride/F02=pdf](http://www.ars.usda.gov/SP2UserFiles/Plack/12354500/Data/Fluoride/F02=pdf) See the USDA charts that list the amount of fluoride in processed foods consumed everyday by Americans. This alone should reveal that putting even more fluoride in municipal water is beyond ridiculous.